



# YARN UP

## FARMYARD FUN FOR FAMILY CHRISTMAS GATHERING

Riding on the success of MTAL's first ever Family Christmas Gathering at Bundoora Park Farm and Café, we're returning to the venue to host a day full of fun, food and festivities.

The event will be held on Sunday 24 November, 1:30-4:30pm, with onsite parking and public transport options (tram 86 and buses 382 or 566) providing a convenient commute to the venue.

Guests will enjoy lunch, Wildlife Reserve tractor rides, farm animal meet and greet, giveaways, pony rides and face painting for the kids.

This free event is open to AHV tenants and their household members in the north-west metropolitan area of the MTAL program.

RSVPs are required by 11 November and spaces are strictly limited, so please get in quick if you would like to join us.

RSVP by call/SMS on 0439 867 324 or by emailing [wellbeing@ahvic.org.au](mailto:wellbeing@ahvic.org.au). Please provide your name, contact number, number of people attending, ages of any children attending and any dietary requirements.



### MTAL recognised at national awards

MTAL has been highly commended in the Excellence in Social Housing Award category at Australasian Housing Institute's national awards night.

The Professional Excellence in Housing Awards recognise excellence in professional practice in social housing, and showcase success stories in the sector.

The commendation follows MTAL's win in the state award category.

Since its inception MTAL has supported more than 50 tenants to achieve over 250 goals.

# Welcome to new Life Coach

AHV is delighted to welcome Sara to our Wellbeing Team. Sara's role as a Life Coach will see her work with MTAL participants across the north-west metropolitan region of Melbourne.

Sara is a proud Yorta Yorta and Gunditjmara woman, and mother of two who has lived in Shepparton as well on Country in Heywood. She has previously worked as an in-home support carer at Rumbalara; a role which informs her new position as a Life Coach with MTAL.

Sara is looking forward to empowering our community and supporting tenants to achieve their goals.



## Spotlight on achievements

Tenants in the MTAL program area are continuing to see success as part of our job-ready program.

Among these tenants is Kaila, a mother of two who is working in client, corporate and administrative services at AHV. Kaila has also completed a Certificate IV in Community Services, which complements her role at AHV.

"I'm enjoying learning new things every day," says Kaila.

To learn more about the program or get involved, call 9403 2100 or email [wellbeing@ahvic.org.au](mailto:wellbeing@ahvic.org.au)

## Wellbeing program to go statewide

AHV has secured resources to be able to offer its Wellbeing and Life Skills program statewide.

The Life Skills program offers intensive support to tenants with immediate needs, as well as introductory support to new tenants.

To learn more or get involved, call 9403 2100, email [wellbeing@ahvic.org.au](mailto:wellbeing@ahvic.org.au) or speak to your Housing Officer.

## First home buyers' opportunity

AHV is working together with the Victorian Government on an initiative to make it easier for Aboriginal Victorians to purchase their first home.

HomesVic for Aboriginal Victorians offers up to 35% proportional beneficial interest in first homes purchased by Aboriginal people, thereby reducing the amount required for a home loan.

To learn more about the program, visit [www.ahvic.org.au](http://www.ahvic.org.au) and follow the link under 'Communications.'

## What is MTAL?

More Than A Landlord is a life coaching, social and wellbeing program designed to support AHV tenants in identifying and working towards personal goals. Currently open to AHV tenants in the north-western suburbs of Melbourne, the program is spearheaded by Life Coaches Sam and Sara, as well as Life Skills Worker Trudi. Our Life Skills program is available statewide.

To learn more about the program or get involved, call 9403 2100 or email [wellbeing@ahvic.org.au](mailto:wellbeing@ahvic.org.au)



Aboriginal Housing Victoria