



YARN UP

Edition 3, 2018



Festive spirit

MTAL will have its very own designated Party Barn at the venue for the day (see right).



Countdown to our Family Christmas Gathering

Our annual Family Christmas Gathering is only weeks away and - with a new venue at Bundoora Park Farm and Café - it is set to be the biggest one yet!

Invitations should have already hit your letterboxes, and this free event is open to AHV tenants and their household members in the north-west metropolitan pilot area of the MTAL program.

Guests will enjoy a deluxe BBQ lunch, Wildlife Reserve tractor rides, farm animal meet and greet, giveaways, pony rides and face painting for the kids.

The event is set for Sunday 2 December, between 10am and 2pm, with onsite parking and public transport options (tram 86 and buses 382 or 566) providing a convenient commute to the venue.

RSVPS are required by 16 November and spaces are strictly limited, so please get in quick if you would like to join us. Please RSVP by contacting us on 0438 915 225.

AHV and MTAL thank Darebin City Council for its support in providing grant funding for the event.

MTAL PROGRAM Family Christmas Gathering 2018

SUNDAY 2ND DECEMBER

10AM - 2PM

BUNDOORA PARK FARM AND CAFE
1069 PLENTY ROAD, BUNDOORA

**RSVPS ESSENTIAL BY 16
NOVEMBER**

Contact us on 0438 915 225 with:

- your name
- phone number
- number of people attending
- ages of children attending
- any dietary requirements

MORE THAN A LANDLORD HOUSEHOLD PILOT STUDY

SUMMARY REPORT



MTAL Report Released

The University of Melbourne's Indigenous Equity Health Unit, with significant input from Aboriginal Housing Victoria released the More Than A Landlord pilot report in June 2018.

The report focuses on the development, implementation and findings of the household and individual surveys conducted by peer researchers in the City of Whittlesea during 2017. The University of Melbourne funded the design, delivery and analysis of the surveys.

You can download copies of the summary and report on our website, under the Communications drop down menu.

A second survey, of approximately 170 AHV households in the northern metropolitan area of Melbourne (other than City of Whittlesea) is currently in development and we will soon be conducting a new round of Peer Researcher Training to conduct these surveys.

If you are interested in becoming a Peer Researcher, please contact Samantha French on 0439 867 324 or email, wellbeing@ahvic.org.au.

Spotlight on achievements

Over the past year we have seen fifty participating tenants achieve over 200 personal goals. Since joining the MTAL program, Thorne (AHV tenant) started a new job with the Advancement League and is also working towards becoming a Peer Reseracher for the MTAL program.

Thorne's kids are also doing very well (they're loving playing footy) and through his determination, along with support from Neil (AHV Life Coach) he continues to improve his overall wellbeing and hopes to begin studying soon, with the dream of one day becoming a cultural awareness ranger.



Thorne hopes to one day become a ranger in the area of parks and wildlife.

What is MTAL?

More Than A Landlord is a life coaching, social and wellbeing program designed to support AHV tenants in identifying and working towards personal goals. Currently in its pilot stage and open to AHV tenants in the northern suburbs, the program is spearheaded by Life Coaches, Sam and Neil as well as our Life Skills Worker Trudi. To learn more about the program or get involved, call 9403 2100 or email wellbeing@ahvic.org.au

